

Front Acu Points

Chest

Ren 17 - Mid. Dan Tien

(Nipple)

From Midline:	0"	2"	4"	5"	6"
Superclavicular			St-12		
Below Clavical		Ki-27	St-13		
Intercoastal 1	Ren-20	Ki-26	St-14		Lu-1
Intercoastal 2	Ren-19	Ki-25	St-15		Sp-20
Intercoastal 3	Ren-18	Ki-24	St-16		Sp-19
Intercoastal 4	Ren-17 (Pc mu)	Ki-23	St-17 (Nipple)	Pc-1	Sp-18
Intercoastal 5	Ren-16 (on SA)	Ki-22	St-18		Sp-17
Intercoastal 6			Lv-14 (Lv mu)		
Intercoastal 7			GB-24		
Located at:					
End of 11th Rib	Liv-13				
End of 12th Rib	GB-25				

Abdomen

Ren 4-6 - Lower Dan Tien

	0"	.5"	2"	3"	4"
Sternocostal Angle					
Umbilicus + 7	Ren-15				
Umbilicus + 6	Ren-14	Ki-21	St-19		
Umbilicus + 5	Ren-13	Ki-20	St-20		
Umbilicus + 4	Ren-12 (St mu)	Ki-19	St-21		
Umbilicus + 3	Ren-11	Ki-18	St-22		Sp-16
Umbilicus + 2	Ren-10	Ki-17	St-23		
Umbilicus + 1	Ren-9		St-24		
Umbilicus	Ren-8	Ki-16	St-25 (LI mu)		Sp-15
Umbilicus - 1	Ren-7	Ki-15	St-26		
Umbilicus - 1.3					Sp-14
Umbilicus - 1.5	Ren-6				
Umbilicus - 2	Ren-5	Ki-14	St-27		
Umbilicus - 3	Ren-4 (SI mu)	Ki-13	St-28		
Umbilicus - 4	Ren-3	Ki-12	St-29	Zigongxue	
Umbilicus - 4.3					Sp-13
Umbilicus - 5 = Superior Border of Pubic	Ren-2	Ki-11	St-30	3.5" Sp-12 (On Thigh)	