

# Class 3 - Point Indications

## Hand Yang Ming - Large Intestine Channel

### ***Point Indications***

LI 1

Well-jing

Clear excess heat

LI 2

Spring-ying

Clear heat

LI 3

Stream-shu

Promote water metabolism

Upper Tooth Ache

Nose pain

LI 4

Source-yuan point

Command point of the face

Contraindicated for pregnancy

Tonify Yuan Qi

Difficult BM

Qi circulation (+ Lv 3)

Facial issues

includes beautification

Promote Labor

LI 10

(2 cun below LI 11 and 10 cun from LI 5)

Upper limb tonification and promote circulation

LI 11

Sea-he point

Clear heat

Fever over all

Dispel wind  
Skin itch  
Measles  
Hives  
Chicken pocks

LI 15

Shoulder problems (Along with anterior to SJ 14 and posterior to jian qian the other shoulder points)

Elbow, shoulder and arm pain in general

LI 18

(Lateral side of neck level with Adam's apple)

Local problems  
Plumb pit sensation

LI 20

Exit point to St  
(In naso-labial groove on border of ala nasi)

Open nose  
Snoring