

Class 8 - Point Indications

Hand Tai Yang - Small Intestine

Point Indications

SI 1 (lateral side of pinky near nail)

Well-jing

- Clear extreme heat
- Coma
- Promote lactation (Moxa)
- Clogged ducts
- Mastitis
- Numbness of the hand

SI 3

Stream-shu

Confluent point of Du

Pain in Du meridian, i.e. neck, back, lower back (+ UB 62 Yang Qiao)

- Water metabolism
- Seizures

Weakness, spasm or shaking of hand (needle towards LI 4, 2 cun)

SI 4 (in the depression between wrist and start of palm)

Source-yuan

- Harmonize SI
- Fever w/o sweating
- Local wrist and grip power issues

SI 6 (in depression on wrist that appears when wrist is rotated)

Cleft-xi point

- Blurred Vision
- Acute shoulder and upper arm pain

SI 7 (5 cun from wrist - SI 5, 7 from elbow - SI 8)

Connecting/Networking-luo point (to Ht)

Clears the Shen

Resolves exterior heat

Stiff neck, pressure in the elbow, finger pain, heart disease

SI 11 (middle of scapula, equal triangle from SI 9 and SI 10)

Local pain in the shoulder

SI 18 (below outer canthus in depression under zygoma)

Eliminates wind and heat in particular for local issues

Twitching eye lids

toothache

yellowing of eyes

SI 19 (in front of tragus, in the middle between SJ 21 and GB 2)

pus in the ears

deafness

tinnitus