

# Class 13 - Fire Needle

## Method:

1. Place thick gage (.25mm or greater) needle 1.0 to 1.5 cun in to fire of a lighter until needle is red
2. Insert and remove quickly.

## Uses:

Deep Cold

Sever Yang Def.

Du 4

Ren 4

Back Shu

Jia Ji

Area with puss or liquid (for drainage)

Severe Edema