

Class 6 - Bleeding Techniques

Tools:

1. Three edge needle or Lancets
2. Gloves
3. Cups, Alcohol (91%), and Forceps if cupping also
4. Cotton balls
5. Red bag for bio medical waste

Functions:

1. Clear heat
2. Neutralize Toxins
3. Reduce high fever
4. Boils

Locations:

Points, Veins or Arteries (in extreme cases)

For heat:

Well-jing points
Shi Xuan and Qi Qi Duan
PC 3
Back shu and/or related Jia Ji points
er jian

For Boils and Carbuncles

He 3
Do not bleed local, but can bleed on meridian where located

Acute Mastitis

UB 17 and UB 43, same side on back of problem side

+ Chen Pi (Orange Peel)

Soar throat
er jian

Anti allergic
er jian

Removing Blood Stasis: (Bruises, Swelling)

Local bleeding
UB 17 (Blood Influential Point) or Sp 10 (Sea of Blood)

Tumors (severe blood stagnation)
Corresponding back shu and/or jia ji points and UB 17 or SP 10

Joint Pain
Local bleeding in particular Ashi points

Lower blood pressure

er jian
UB 40, Lv 2, Big toe qi duan
Ear liver yang
Hypertension groove

Allergies (Internal Wind)

UB 12 + Sp 10
bai chong wo (1 cun above Sp 10)

"To treat wind, you must first treat blood. Moving blood extinguishes the wind"

Manic / Schizophrenia
UB 40 + Nearby veins 10-20 ccs

Precautions:

- 1) Do not use with out checking for deficiencies
- 2) Do not use on some one with low blood pressure
- 3) Do not use on hemophiliacs
- 4) Do not bleeds points directly on eye

Apply pressure to stop bleeding