

Class 3 - Point Location

Hand Yang Ming - Large Intestine Channel

手太陰 - 大腸經

shǒu tài yīn - dà cháng jīng

20 Total Points

Common Points - 1, 3, 4, 5, 6, 10, 11, 14, 15, 18, 20

Lower He Sea - St 37

Point Names and Types

Li 1

商陽

shāng yáng

Yang of Shāng (fifth note on scale) - the Metal Note

Well-jing point (metal)

Li 2

二間

ér jiān

Second Space

Spring-ying point (water)

Li 3

三間

sān jiān

Third Space

Stream-shu point (wood)

Li 4

合谷

hé gǔ

Union Valley

Source-yuan point

Li 5

陽溪 (陽谿)

yáng xī

Yang Ravine

River-jing point (fire)

Li 6

偏歷

piān lì

Veering Passage

Connecting-luo point (connecting to Lu)

Li 7

wēn liū

Warm Flow

Cleft-xi point

Li 8

xià lián

Lower Ridge

Li 9

shàng lián

Upper Ridge

Li 10

shǒu sān lǐ

Arm Three Li

Li 11

qū chí

Pool at the Bend

Uniting/Sea-He point

Li 12

zhǒu liáo

Elbow Bone-Hole

Li 13

(shǒu) wǔ lǐ

Five Li (arm)

Li 14

bì nǎo

Upper Arm

Intersection-jiaohui point - Si, Li, Ub and Yang Linking Vessel

Li 15

jiān yú

Shoulder Bone

Intersection-jiaohui point - Si, Li and Yang Motility Vessel

Li 16

jù gǔ

Great Bone

Intersection-jiaohui point - Li and Yang Motility Vessel

Li 17

tiān dǐng

Heavenly Tripod

Li 18

fú tú

Protuberance Assitant

Li 19

hé liáo

Grain Bone-Hole

Li 20

yíng xiāng

Welcome Fragrance

Intersection-jiaohui point - Li and St

Point Personality Reality

Verified point personalities through experimentation and clinical experience

Li Channel - fever, parched, soar throat, nosebleed, toothache, pain and reddening of eyes, swelling of neck, swelling/red/inhibited movement in fingers

Li 1

Li 2

Li 3

Li 4 - good to release exterior pathogens - contra for preg.

Li 5

Li 6

Li 7

Li 8

Li 9

Li 10

Li 11

Li 12

Li 13

Li 14

Li 15

Li 16

Li 17

Li 18

Li 19

Li 20

Location Tips

Li 1

left bottom side of nail (on right hand)

Li 2

Straight line down on skin color meeting to just above knuckle

Li 3

other side of knuckle

Li 4

Press thumb against finger at highest point on mount push down toward back of hand

Li 5

In depression behind thumb when hand flexed out

Li 6

3 cun from Li 5 continuing straight line of meeting of two colors from hand

Li 7

5 cun from Li5 - 2 cun from Li 6 same line

Li 8

4 cun from crease of elbow

Li 9

3 cun from crease

Li 10

2 cun from crease

Li 11

on crease in same line (at point of crease)

Li 12

1 cun diagonal out and up from Li 11

Li 13

place palm on table and follow same line forward, 3 cun

Li 14

at the muscle border $\frac{3}{5}$ distance between 11 and 15 on same line

Li 15

while palm still down straight back to bone hole

Li 16

in back of v bone corner

Li 17

base of neck muscle towards back

Li 18

on mid muscle 1 cun up from 17

Li 19

On upper lip below nasal slightly off to the outer side (note actually opposite side of its meridian relation to the arm)

Li 20

across from nostril on the outer side of nose